

IRON REIGN™

WHAT DOCTORS DO I NEED?

REFERENCE PAGE



PRIMARY CARE PHYSICIAN (PCP)

Your partner in your overall health and coordination of care.

- Often the first to detect potential health issues
- Orders routine blood work and monitors general health
- Evaluates symptoms and manages chronic conditions
- Refers you to specialists
- Coordinates communication between all providers
- Helps ensure your total health is addressed



GASTROENTEROLOGIST

Specialist for the digestive system and liver health.

- Evaluates liver damage from iron overload
- Orders liver function tests and imaging
- Assesses fatty liver disease and liver fibrosis
- Screens for cirrhosis and other liver complications
- Monitors liver health and progression
- Recommends treatment and ongoing surveillance



HEMATOLOGIST

Specialist in blood disorders and iron overload.

- Diagnoses hereditary hemochromatosis and iron disorders
- Interprets ferritin, transferrin saturation, and iron studies
- Orders genetic testing (HFE mutations)
- Prescribes and manages therapeutic phlebotomies
- Monitors iron levels and treatment response
- Creates long-term maintenance plans



CARDIOLOGIST

Specialist for the heart and circulatory system.

- Evaluates heart rhythm and function
- Screens for iron-related heart damage
- Orders EKGs, echocardiograms, and other cardiac tests
- Manages blood pressure and cardiovascular risks
- Monitors and treats heart complications
- Helps protect long-term heart health

OTHER SPECIALISTS YOU MAY NEED



ENDOCRINOLOGIST

Hormones & Glands

May be needed for:

- Diabetes
- Testosterone levels
- Thyroid function
- Pituitary gland function



RHEUMATOLOGIST

Joints & Arthritis

May be needed for:

- Joint pain
- Arthritis
- Hand, hip, and knee pain
- Iron-related joint damage



NEUROLOGIST

Nervous System

May be needed for:

- Neuropathy
- Numbness
- Tingling sensations
- Balance problems



OTHER SPECIALISTS

As Needed

May include:

- Ophthalmologist
- Nephrologist
- Pulmonologist
- Mental Health Professional



IMPORTANT TIP:

Find a Physician Who Will Listen To You!

If they won't listen, find another physician.

This is one of the most important factors during the Diagnosis, Treatment and Maintenance Process.

- ☒ **DIAGNOSIS PROCESS**
- ☒ **TREATMENT PROCESS**
- ☒ **MAINTENANCE PROCESS**

*This is YOUR body.
This is YOUR life.*

You are your own BEST ADVOCATE.